
VI. *Information about the Nevada Living Will Lockbox*

Once you have completed your written advance directive, you may keep a copy in the “Nevada Living Will Lockbox” with the Nevada Secretary of State. In order to register your documents, go to: www.nvsos.gov, download the Registration Agreement form, fill it out and mail the agreement along with a copy of your advance directive to the Lockbox. Once the Registration Agreement form and copy of the advance directive is received, an electronic reproduction of the advance directive will be stored in the Lockbox. Within 10 business days of submittal, you will be provided with a wallet card containing the registration number to be used for access to documents. The form will be available to you and may be retrieved by your healthcare providers in case of an emergency.

Another statewide community based Health Information Exchange (HIE) can be accessed at www.healthinevada.org

VII. *Leaving a Legacy*

The only thing you take with you when you're gone is what you leave behind.

~ John Allston

You will leave a legacy. What kind do you want to leave? Leaving a recorded message about your life, experiences, wisdom or a significant event in your life is a wonderful gift to leave for your family and friends. There are many things you can do, including leaving a charitable bequest, striving to be your best or making your life about helping others.

When I hear the word “legacy,” what comes to mind? As we age or battle a terminal illness we begin to contemplate our legacy. It’s important to consider legacy early to allow us to tailor our lives and decisions to what we hope to achieve and leave behind. This can be a positive experience bringing on self-reflection and restructuring of our lives and objectives. Legacy is about life and living. Working to create a legacy helps us find meaning in life.

The definition of legacy is a gift of property, especially personal property such as money, by will; a bequest.³ However, it can also be a non-material gift of wisdom and experience. Leaving money or possessions can be easily done with the development of a last will and testament. You will need a lawyer who specializes in estate law to produce this document. You may choose to leave your assets to your family, friends or to a beloved organization.

How will people remember me despite my assets that I leave behind? You can leave a legacy in many ways. Something you have created can be a legacy. Musicians, actors, cinematographers, authors and inventors all leave behind the legacy of their work. Those who create space to empower people leave behind a legacy as well. This includes entrepreneurs, spiritual leaders and educational innovators who create institutions that change and affect our current society. You can also leave a legacy based on your actions and influences.

³ <http://dictionary.reference.com/browse/legacy>

20 ⁴ <http://julliangordon.com/4-ways-to-leave-your-legacy>

What type of non-material legacy would I like to leave behind? This may include a legacy of excellence, encouragement, purpose or love.⁵ The following table will help to determine the type of legacy you would like to establish and review the tips to guide you toward that goal.

TYPE OF LEGACY	WAYS TO ACHIEVE THIS GOAL
A Legacy of Excellence—one that inspires others	<ul style="list-style-type: none"> • Strive to be your best every day • Set goals and act to achieve them • Act as a positive role model to your children, friends and family
A Legacy of Encouragement—one that uplifts others	<ul style="list-style-type: none"> • Be uplifting to those around you • Encourage others to do and be their best
A Legacy of Purpose—one that has specific goals and morals	<ul style="list-style-type: none"> • Make your life about something “bigger than you” • Use your strengths and talents for a higher purpose
A Legacy of Love—one that embraces all in love	<ul style="list-style-type: none"> • Provide unconditional love to those around you

VIII. Workshops and Technical Assistance

Trained facilitators can present workshops on advance care planning and provide technical assistance in completing the process.



Please refer to the website for training materials:
www.decidingtomorrowtoday.org

⁵ <http://jongordon.com/blog/5-ways-to-leave-a-legacy-2/>