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## *II. Personal Priorities and Spiritual Values Important to Your Medical Decisions\**

Name & Date \_\_\_\_\_

We all have personal priorities and spiritual beliefs that may affect our medical decisions. This is especially true at the end of life with regard to the use of life-sustaining treatments. To make your values and beliefs clearer, consider answering the questions below. Use more paper if you need more space.

### *Personal Priorities/Concerns (What are my...)*

1. What do I most value about my physical or mental well-being? For example, do you love to be outdoors? To be able to read or listen to music? To be aware of your surroundings and who is with you? Seeing, tasting, touching
  
2. What are my thoughts regarding healthcare at the end-of-life?
  
3. Would I want to be sedated if it were necessary to control pain, even if it makes me drowsy or puts me to sleep much of the time? How do I define acceptable pain?
  
4. Would I want to have a hospice team or other palliative care (i.e. comfort care) available to me?
  
5. What would my plan be for the last day or week of my life? For example:
  - Where would I be?
  - Who would be present?
  - What would I be doing?
  - What would my environment be like?
  - What would I eat if I could eat?
  - What would be my final words or last acts?

6. Who would I like to write a letter to or prepare a taped message for? Perhaps marked for opening at a future time?
7. How do I want to be remembered? (If you write your own epitaph or obituary, what would it say?)
8. What are my wishes for a memorial service? Are there songs or readings I would like, or people I hope would participate?

### *Spiritual/Religious matters of importance to you*

9. How would I describe my spiritual or religious life?
10. What gives my life its purpose and meaning?
11. What is important for others to know about the spiritual or religious part of my life?
12. What do I need for comfort and support as I near the end of life? Pray with a member of the clergy? To talk to someone about my life's meaning? Be read to from spiritual or philosophical texts? Have music playing in my room? To be held?
13. Are there priorities/values you want others to know?